

Cape Town Guide

The Michaels Wedding 2026

Beaches

Cape Town's coastline is spectacular. We promise the Mother City's beaches will be some you won't forget. See our favourites below to explore:

- Llandudno
 - Known for its breathtaking sunsets and big stretch of white sand, Llandudno is popular with surfers and sunbathers.
- Clifton
 - Made up of four distinct beaches, Clifton offers sheltered coves, with a super viby atmosphere, making it a favorite for socializers and beach picnic sundowners.
- Bakoven
 - Tucked between Camps Bay and Llandudno, Bakoven is perfect for boulder jumping and sheltered swimming.
- Cosy Bay
 - Our favourite secret (not so secret beach) on the drive towards Llandudno you access the beach via wooden stairs from an off road car park.
- Noordhoek (Long Beach, Nice to tie this in with a Chapmans Peak Drive)
 - A perfect spot for Horse-riding and looooong walks on the beach. Ideally combined with a drive via the iconic Chapmans Peak Drive.
- West Coast National Park
 - If you have the time, this is worth the drive out to visit.



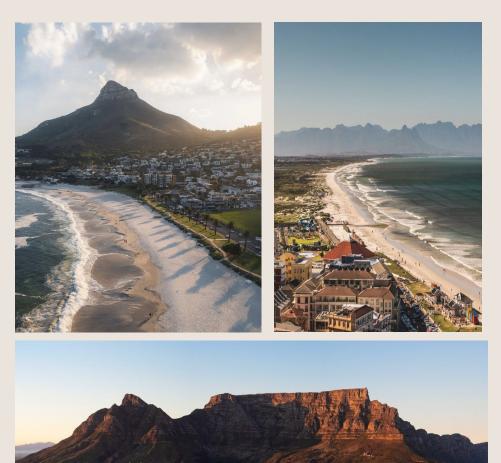




Surf Spots and Hikes

Right, let's talk about getting active! If you're into catching some waves, Cape Town's got some epic surf spots, and for those who prefer solid ground, the hikes are highly recommended

- Surfing
 - Muizenberg (probably the most popular, and great for those wanting to rent equipment, or learn how to surf! Good to pair in with a trip to Kalk Bay and/or Boulders Beach to see the Penguins)
 - Misty Cliffs
 - Llandudno
 - Kommetjie
- Hikes and Trails
 - Table Mountain (A must!! There is a cable car up and down, for those that don't fancy the climb)
 - Lions Head (Easier hike than table mountain, one some Capetonians do every day)
 - Pipe Trails for some trail running on Table Mountain
 - JonkerShoek Nature Reserve (Stellenbosch)



Restaurants, Drinks and Coffee

Take a wander down Kloof or Bree Street in the city and you can't go wrong. We recommend Wine Farms further down in this doc, and all of these have fantastic restaurants to have a meal at. Here are our suggestions:

Breakfast, Brunch and Lunch

Lunch/Dinners

- The Strangers Club .
- Kleinskys .
- The Blue Cafe
- Clarks
- Mary Lou's .
- Our Local
- Tasha's
- Kauai
- Your Truly
- Hemelhuijs
- Kanela
- Pajamas + Jam Eatery

- La Parada •
- •
- Kloof Street House •
- Ouzeri •
- Between Us ٠
- Fat Cactus •
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- The Dark Horse •

- Something Treaty
 - Chefs Warehouse •
 - La Colombe •
 - Tintswalo •
 - Mount Nelson (High Tea) •
 - Salsify

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Grab and Go Coffee

- Bootleggers (find this . everywhere)
- Truth Coffee
- Love Matcha

Drinks

- Blondies •
- Athletic Club and Social • (drinks and dancing)
- Tigers Milk (Camps Bay) •
- Cafe Caprice •
- Deus Cafe Kloof Street •
- Baby (drinks and dancing) •
- Tjing Tjing •
- Cause and Effect .
- Round House .

A tip about tipping: South Africa Minimum wage is outrageously low. All staff heavily rely on tips - please make sure to always tip at least 10% on any bill you are given



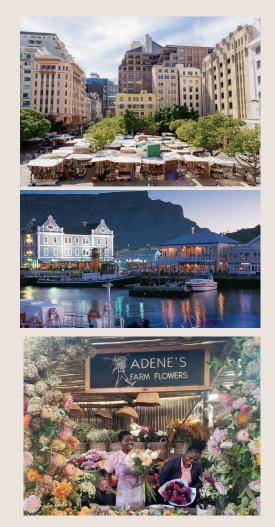
- Burger and Lobster
- Love the Dough
- Elgr •
- Fat Butcher
- **Brash Burgers**
- Asoka
- Club Kloof

Markets & Shopping

South Africa has the most incredible craftsmanship and Cape Town is a hub of local brands. If you can help it, do not miss the Oranjezicht Market (on Saturdays and Sundays)

- Markets
 - Oranjezicht Market (near the V&A try get here early)
 - Hout Bay Market (near Chapmans Peak Drive)
 - Neighbourgoods Market (this is on at the Biscuit Mill, which has great local brands)
 - Green Market Square
- Other Shopping
 - V & A Waterfront this is Cape Town's largest shopping area. Mixture of indoor and outdoor shopping.
 - The Strangers Club (amazing breakfast) has incredible local brands
 - Kloof Street, Loop Street and Long Street are dotted with incredible places to pop in to
 - Kalk Bay

Transport Tip: We highly recommend hiring a car for your time in the Cape. There is lots of accessible parking everywhere you go. Uber is also very easy to use and is very cheap (compared to the UK) for times you do not want to drive.



Wine Farms

The thing a lot of you are here for...this list could be endless and whether you like wine or not – each of these farms are magical with lots to see and do. The areas for this are Stellenbosch and Franschhoek and then slightly closer to the city are the Constantia Farms

Stellenbosch and Franschhoek:

Tip: Wine Tram - this has a couple of routes you can choose where you can hop on and off at the different Wine Farms. A lot of fun....Ubering between farms is also doable if there is no designated driver.

- Babylonstoren (amazing gardens and food)
- Boschendal (Gallery, restaurants and Friday night market)
- Rust En Vrede
- Meerlust
- Warwick
- Rupert and Rothschild
- Haute Cabriere

Constantia:

- Beau Constantia (Top Cape Town restaurant)
- Groot and Klein Constantia (can see the sea from Groot Constantia)
- Buitenverwachting (Great to grab a bottle of wine and purchase a picnic)



Notable Places To Visit

A few recommendations of some other places/key things to see while you are visiting

- Kalk Bay (you will see seals at the harbour)
- Boulders Beach (Penguins)
- Cape Point (most southern tip of Africa)
- Zeitz MOCAA
- Nelson Mandela Museum
- Robben Island
- St James Beach Huts (this is lovely for a morning dip, along with Dalebrook tidal pool (Kalk Bay) and Saunders Beach (Bantry Bay)







